

# Lysander Jim, M.D.

625 S Fair Oaks Ave, Suite 360, Pasadena CA 91105  
| 626.838.5485 | management@drlysander.com



## OVERVIEW

I am a physician and medical legal expert with an active clinical practice specializing in the diagnosis and treatment of mold-related injury and low back pain. I have treated over five hundred mold injured patients and spine patients. In my legal expert career, I have been admitted as an expert on the topics of mold injury, chronic inflammatory response syndrome (CIRS), toxic encephalopathy, and other medical issues. I have presented at national environmental conferences since 2018 and have served as a course instructor at the 2023 national conference for doctors and other clinicians. I published my first book *Specific Spine* this year.

## PROFESSIONAL EXPERIENCE

Private Practice in Mold-Injury and Spine Care **2017-present**

Course Instructor for CIRSx **2023**

Occupational Medicine with U.S. Healthworks **2017-2018**

Pain Medicine with Synovation Medical Group **2015-2017**

## SPECIALTY & LICENSES HELD

Board-certified in Physical Medicine & Rehabilitation

**2016 to present**

California Medical License

**2013 to present**

Texas Medical License

2023 to present

## EDUCATION & DEGREES HELD

Residency in Physical Medicine and Rehabilitation at the  
Veteran Affairs Medical Center Los Angeles Health Services  
University of California Los Angeles Affiliate

2012 to 2015

Internship at New York Hospital Queens

2011-2012

Medical Doctorate, Albert Einstein College of Medicine

2011

Bachelor of Arts, University of California at Berkeley

2007

## CERTIFICATES, AWARDS, AND AFFILIATIONS

Shoemaker Certification for Diagnosing and Treating  
Chronic Inflammatory Response Syndrome **2017**

McGill Method Provider for Treating Mechanical Low Back Pain **2017**

Member of International Lyme and Associated Diseases Society **2023**

Bredesen Certification for Treating Cognitive Impairment **2018**

Certificate of Achievement-UCLA for **2013 & 2014**

Top Performance Amongst Peers on National Exam

Certificate of Achievement-UCLA for Top Performance

Community Service Award-UCLA **2015**

## PUBLICATIONS

Jim, L., Berry, Y., Dooley, M., Ryan, J., & McMahon, S. *Diagnostic Process for Chronic Inflammatory Response Syndrome (CIRS): A Consensus Statement*. **Internal Medicine Review**. 2018.

Jim, L. *Specific Spine: A Doctor's Guide to a Healthy Back*. First edition, **M.D. Muse Media**, 2023.

Jim, L., McGill, S. *Observations of Thoracic Neuromuscular Oscillation Subsequent to Thoracic Pathology*. **Physical Medicine and Rehabilitation**. 2018.

Jung, J. H., Ignatius, M. I., Davis, J. M., & Jim, L.. *Long-Term Complications of Epidural Steroid Injections*. **Current Physical Medicine and Rehabilitation Reports**. 2014.

Pevnick, J. M., Herzik, A. J., Li, X., Chen, I., Chithraki, M., Jim, L., & Silka, P. *Effect of computerized physician order entry on imaging study indication*. **Journal of the American College of Radiology**. 2015.

Zappaterra, M., Jim, L., & Pangarkar, S. *Chronic pain resolution after a lucid dream: A case for neural plasticity?* **Medical Hypotheses**, 2014.

## PRESENTATIONS

Erythromelalgia and Peripheral Hypoperfusion. CIRSx National Conference; July 2023; Boulder, Colorado.

Cauda Equina Syndrome. BackFitPro Team Conference; June 2023; Virtual Meeting.

Distinct Immune Injuries from Environmental Exposures to Water-Damaged Buildings. CIRSx National Conference; April 2022; Fort Lauderdale, Florida.

Mast Cells and Chronic Inflammation. It Takes a Data Driven Village; Oct 2020; Virtual Conference during Pandemic.

Transforming Growth Factor Beta-1 and T-regulatory Cells. A Meeting of the Minds; Jan 2019; Fort Lauderdale, Florida.

Select Pain Medicine Topics in Chronic Inflammatory Response Syndrome. There's Nothing Alien About Chronic Inflammatory Response Syndrome; Aug 2019; Roswell, New Mexico

Chronic Inflammatory Response Syndrome: Ciguatera. Surviving Mold Conference; May 2018; Salisbury, Maryland.

Chronic Inflammatory Response Syndrome: Post-treatment Lyme. Surviving Mold Conference; May 2018; Salisbury, Maryland.

Cortical Gray Matter Changes in Patients with Chronic Inflammatory Response Syndrome and Comorbid Substance Abuse or Chronic Pain: A Case Study. Surviving Mold Conference; May 2018; Salisbury, Maryland.